

LAURI ANN WEST
COMMUNITY CENTER



Lauri Ann West Community Center

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THE BULLETIN

- **It's (Holiday) Party Time!**
- **United Way and CFC Campaigns**
- **Halloween Fun!**
- **Maker's Studio Family Event**
- **Community Corner**
- **Middle School Halloween Party**
- **October Group Exercise Schedule**
- **October Calendar**

INSIDE THIS ISSUE:

Halloween Fun! 2

**Maker's Studio Family Event
Oct. 15** 2

Community Corner 3

Middle School Halloween Party 3

October Group Exercise Schedule 3

October Calendar 4

It's (Holiday) Party Time!



The Lauri Ann West Community Center has the perfect space for your holiday gathering. Whether you are planning a company luncheon, a neighborhood gathering or a family party, we have the perfect space for you. Dates are starting to book now for November and December.

And, don't forget about Birthday parties at the Lauri Ann West Community Center! They are lively, exceptional, affordable and fun!

Each party comes with the room and everything you need for a fun event - table decorations, napkins, cups, plates and utensils. We supply a party coach who will have all the equipment ready to roll and will lead the activities, keep the party moving & grooving and provide special attention to the birthday boy or girl.

For more information, and to book your party today, contact Melissa Ingramm at 412-828-8566 x105 or mingramm@lauriannwestcc.org.

United Way and CFC Campaigns

The Lauri Ann West Community Center is proud to be participating in the United Way Campaign and in the Combined Federal Campaign for federal employees. If your workplace offers one of these giving programs, here's how you can help:

- Designate your United Way gift to the Lauri Ann West Community Center by using our donor designated number - **1203**.
- Designate your CFC gift to the Lauri Ann West Community Center by using our donor designated number—**32510**.
- Get the Lauri Ann West Communi-

ty Center involved in your company's United Way Campaign Kick-Off Event. We can provide a representative who will be happy to talk about our programs and offerings. We can also provide flyers, brochures or any other materials you may need.

- Visit the Community Center table at the CFC Fair on October 6 at the VA in Aspinwall.
- Tell your co-workers about the Lauri Ann West Community Center and invite them to visit the website for more information. Please contact Monica Gay at 412-828-8566 x109 or mgay@lauriannwestcc.org for more information.

Halloween Fun!

Lauri Ann West Community Center staff shared some of their favorite Halloween memories with The Bulletin.

Favorite Halloween?

The first Halloween for my children.

Snow on Halloween.

Getting home, dumping out the candy bag and separating the goodies into piles, then trading with my siblings.

Trick-or-treating with my younger brother.

Gathering at my grandparents' house after

trick-or-treating. My uncles would dress up in something scary and I would hide under tables.

Trick-or-treating with my cousins and then coming home to watch scary movies.

The parade, decorated houses, fire truck and costume prizes on Montrose Hill.

School Halloween parties with the parade of costumes.



Favorite Costume?

Yoda, Raggedy Andy, Steve Grogan, Casey Jones (from the Ninja Turtles), Pirate Parrot, Deviled Egg, and Heckle and Jeckle

Favorite Candy?

Milk Duds, Twix, \$100,000 Bar, Good 'N Plenty, Kit Kat, Reeses, Snickers

Favorite Scary Movie?

The Exorcist, Alien, Friday the 13th, Halloween, Nightmare on Elm Street, The Lost Boys, The Sixth Sense, The Others, The Shining

Halloween Maker's Studio Saturday, October 15

Undecided what to be for Halloween? Have an idea for a DIY Halloween costume, but not sure how to start? The new Lauri Ann West Community Center Maker Studio is here to help! Bring in the family for an afternoon of costume making, refreshments and Halloween fun!

Cardboard, fabric, recycled materials and our Maker Studio Staff will be available to

help you construct one-of-a-kind, show-stopping hats, animal masks, tiaras, helmets and head gear.

Why buy a costume when you can make it yourself!

Noon-4 PM, Saturday, October 15
Ages 5 - Adult
\$5 per family



North Hills Community Outreach Coat Drive

Community Corner Help children and adults in need stay warm this winter by donating a new or gently used coat to the North Hills Community Outreach. Coats should be clean, have working zippers/fasteners and can be in any size childrens-adult 3XL. For more information on NHCO, please visit their website at www.nhco.org. Questions about the coat drive? Feel free to call/email Vicki at 412-487-6316 option 1 or vdburst@nhco.org.

Don't Forget! Community Flea Market on Saturday, October 15 from 7AM-2PM. Buyers and sellers are welcome! For more information, visit www.lauriannwestcc.org.

Middle School Halloween Bash

Join the Lauri Ann West Community Center for the first Middle School Halloween Party on Saturday, October 29 from 7-10 PM. We'll have snacks, music by DJ Eric and a costume contest with cool prizes! You can purchase tickets in advance at the Center— \$10 each or 4 for \$30. They will also be available at the door for \$10. Middle school students only, please, and don't forget that all costumes should be school-appropriate. For more information, please call Melissa Ingramm at 412-828-8566 x105 or mingramm@lauriannwestcc.org.

A purple poster for a 'Middle School Halloween Bash'. It features a stylized sun/moon and two bats. Text includes: 'Lauri Ann West Community Center Middle School Halloween Bash', 'Saturday, October 29 7-10 PM', 'Admission \$10/each or \$30/4 in advance (\$10 each at the door)', 'Location: Lauri Ann West Community Center 1220 Powers Run Road', 'Snacks and Sweets', 'Music by DJ Eric', 'Costume Contest and Prizes', and 'School appropriate costumes, please. Tickets can be purchased in advance at the Center or by calling 412-828-8566.' There is a logo for 'LAURI ANN WEST COMMUNITY CENTER'.

New October Group Exercise Schedule

Check out the latest Group Exercise Schedule for October, featuring two new spinning classes, - one on Tuesdays from 9:30-10:30 AM and the other on Thursday evenings from 7:15-8 PM.

More information on all of the group exercise classes is available at www.lauriannwestcc.org. Or, pick up your copy at the Welcome Desk.





LAURI ANN WEST
COMMUNITY CENTER

October 2016

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

Participate in coat collection for North Hills Community Outreach

2

The new Group Exercise schedule for October is now available

3

Sign up today for the Preva Fitness Challenge

4

Weekly Sanctioned Bridge Game
10:30

5

The Gym is Open! Check out our Open Gym schedule for more information.

6

Consider hosting your holiday party at the Lauri Ann West Community Center

7

Pickleball Open Gym is available from 9-11—first come, “first serve”

8

SilverSneakers is Here! Find out more at the Welcome Desk

9

Fitness Members—take advantage of Child Watch for your little ones

10

Pickleball Open Gym is available from 9-11—first come, “first serve”

11

Weekly Sanctioned Bridge Game
10:30

12

Painting Party with Melissa Tai 6:30-9:30 PM

13

Hold your child’s next birthday at the Lauri Ann West Community Center!

14

Pickleball Open Gym is available from 9-11—first come, “first serve”

15

Flea Market 7AM-2PM
Maker’s Studio Family Event Noon-4 PM

16

Have you scheduled your wellness orientation?

17

Pickleball Open Gym is available from 9-11—first come, “first serve”

18

Weekly Sanctioned Bridge Game
10:30

19

Get an Olympic Championship workout—ask about personal training

20

The Gym is Open! Check out our Open Gym schedule for more information.

21

Pickleball Open Gym is available from 9-11—first come, “first serve”

22

Basic Wire Wrapped Rings program 10AM-Noon Ages 12+

23/30

SilverSneakers is Here! Find out more at the Welcome Desk

24/31

Pickleball Open Gym is available from 9-11—first come, “first serve”

25

Create “Love Your Skin” Bath Teas 6-8 PM Ages 12+

26

Fitness Members—take advantage of Child Watch for your little ones

27

Check out our group fitness class schedule!

28

Pickleball Open Gym is available from 9-11—first come, “first serve”

29

Middle School Halloween Party 7-10 PM