

**SPECIAL
POINTS OF
INTEREST:**

- **Camp Lauri Ann West is coming**
- **New Fitness Coordinator**
- **Session II Programming**
- **Summer Camp Volunteers**
- **New Policy Changes**

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CampLauriAnnWest is coming this summer

New for Summer 2018, Lauri Ann West Community Center is offering Full Day Camp and Half Day Preschool Camp for kids ages 3-12. **CampLauriAnnWest** is here! Camp will run from June 11 to August 17. Each week will feature new and exciting adventures.



Full Day Camp is for ages 5-7 and 8-12. It features sports, art, Makers Studio activities and outdoor fun in the sunshine. Camp runs from 9-4 with opportunities to drop off early and pick up late. Camp is \$250/week for members and \$275/week for non-members.

Our Half Day Preschool Camp, for potty trained toddlers ages 3-5, features a mixture of arts, crafts, early learning skill building and outdoor play. Camp begins at 9am with exciting activities and concludes at Noon. Is your child not an early riser? Then sign them up for our afternoon session from 1pm to 4pm. This camp is \$125/week for members

and \$150/week for non-members.



You can sign your child up for one week, or the whole summer. Register online at <https://lauriannwestcc.org/classes-and-camps/summer-camps/> or contact Jason at 412-828-8566 for more information.

Introducing Our New Fitness Coordinator



Lauri Ann West Community Center is excited to introduce our new Fitness Coordinator,

Sam McClelland.

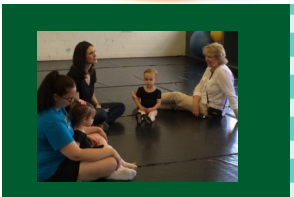
Sam has been a successful personal trainer and fitness attendant at the Lauri Ann West Community Center since July 2017. She has also served as a personal trainer and group exercise instructor. Sam was previously the lead personal trainer at the YMCA in Penn Hills. A graduate of the University of Pittsburgh with a Bachelor Degree in Psychology, Sam is also a

Certified Personal Trainer and a Certified Fitness Nutrition Specialist from the National Academy of Sports Medicine.

Sam will oversee our fitness program, coordinating group exercise classes and personal training. Contact Sam to get started with your personal fitness goals at 412-828-8566 or stop by our Welcome Desk.

Winter/Spring 2018 Session II Programming

Session II Programming begins the week of March 5th. We have some great new classes along with many of our returning favorites.



Pickleball Skills and Drills— Ages 18+, Fridays from 8-9am (offered in April)

We Love Dr. Seuss— Mondays from 9:30-10:15am beginning March 5th, ages 2-4

Duct Tape Construction— Mondays from 4-5pm beginning March 5th, ages 6-9

1-2-3 Move With Me— Tuesdays from 9:30-10am beginning March 6th, ages 1-2

1-2-3 Dance With Me— Tuesdays from 10-10:30am beginning March 6th, ages 2-3

1-2-3 Let's Dance Toddlers!— Tuesdays from 10:30-11am beginning March 6th, ages 3-4

Little Vet School— Tuesdays from 4-5pm beginning March 6th, ages 5-10

The Craft of Glass— Thursdays from 4-5pm beginning March 8th, ages 5-7

Story Play with Emily Harris— Thursdays from 4-5pm beginning March 8th, ages 6-9

Floor Hockey— Wednesdays from 4-5pm beginning March 7th, ages 6-11

Flag Football— Fridays from 4-5pm beginning March 9th, ages 6-10

Radical Reactions— Wednesdays from 9:30-10:15am beginning March 7th, ages 2-4

Bailamos Let's Move!— Wednesdays from 4-5pm beginning March 7th, ages 6-12

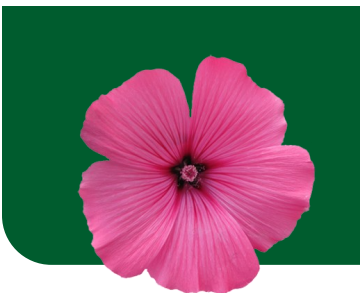
Maker Studio with Julie Wolgemuth— Wednesdays from 6-7pm beginning March 7th, ages 8-12

Visit <https://lauriannwestec.org/classes-and-camps> for more info and to register

Saturdays in March



➔ **American Red Cross Babysitting Certification Course— March 10th.** The perfect class for that teenager who's planning to babysit to earn extra money this summer. You will receive formal Red Cross Certification after attending this session. **ONE DAY— Saturday March 10th from 9am to 4pm.** Bring a lunch or purchase at our café. \$100 for members/ \$125 non-members



➔ **Spring has Sprung with Bobbie Cabbage— March 17th.** Join Mrs. Cabbage for a day of crafts and fun with a "Springy" theme. Ages 6-12. Noon to 3pm. \$25 for members/\$30 for non-members

Volunteers for Summer Camp

Lauri Ann West is currently looking for volunteers for our Summer Camp:

CampLauriAnnWest

Camp will run the weeks of June 11th through August 13th. Volunteers will be working with children ages 3-12 in a variety of settings, including:

*Transition Helpers– Supervising

and shuttling campers between camp activities and helping with snack and lunch.

*Teacher Assistant– Helping with Gym Sports , Maker Studio, Pre-School classes, Outdoor play.

This is a great way to earn your Community Service hours, or to build your resume for future work opportunities.

For information, contact Jason Fate @ 412-828-8566 or jfate@lauriannwestcc.org



Gardenfest and Artist Fair May 12

This year's Gardenfest and Artist Fair at the Lauri Ann West Community Center will be May 12th from 9am to 3pm. It promises to be a fun day that you won't want to miss.

Shop an incredible selection of items for your garden and home. Buy fresh blooms and quality seedlings from local garden clubs.

Browse through our market of local artists. Have your garden tools or kitchen utensils sharpened. We will have lots of activities for the whole family to enjoy. Attend a tree planting demonstration or ask the expert your gardening questions while the kids make a craft for Mother's Day, attend the petting zoo, jump in our bouncy house and

much more. We will also have some awesome food trucks so come hungry! Celebrate spring here at the Center. Best of all, admission is free.

We still have some booths available. Interested artists should contact the Center at 412-828-8566.



New Policy Changes

Lauri Ann West Community Center has updated several of our policies, effective March 1, 2018.

Updated Open Gym policy: Children 12 and over may access the gym during Open Gym hours without a parent/guardian on the premises. Children ages 10 and 11 are able to access the gym during Open Gym hours if a parent/guardian is also present in the Center. Children younger than 10 must have a parent/

guardian present **IN THE GYM** during Open Gym hours. Our priority is safety and we believe these changes help meet that priority.

We have also updated the length of time for our Membership Hold Policy, and have made a few changes to our Guest Pass Policy.

Please visit our website www.lauriannwestcc.org to review our policies.



Pickleball



- We have Open Pickleball hours on most Mondays, Wednesdays, Fridays and weekends.
- Open Pickleball is free for Center members and \$5 per day for non-members
- We have Pickleball classes for all levels offered on Thursdays, as well as a skills and drills partner class on Fridays in April. Visit our website to sign up online.
- As Spring approaches and the weather gets nicer, remember that we also have an outdoor Flex Court available for Pickleball play for all to use, with free use of our nets for Members only.



LAURI ANN WEST
COMMUNITY CENTER

March 2018

Sun

Mon

Tue

Wed

Thu

Fri

Sat

				1 Happy March!	2 Don't forget to register in Mind-Body for Friday's Open Pickleball hours.	3 Open Pickleball this morning from 7am to 9am
4 Open Pickleball 10-11am	5 Session II Monday classes begin today	6 Session II Tuesday classes begin today	7 Session II Wednesday classes begin today	8 Session II Thursday classes begin today	9 Session II Friday classes begin today	10 Red Cross Babysitting Certification Class 9am-4pm
11 Open 10am to 6pm today	12 Open Pickleball today from 9am to 1pm	13 Essentrics exercise class tonight at 6pm	14 Pi Day!	15 Opening night for Shrek The Musical at FCA High School	16 Zumba tonight at 6pm	17 
18 Open Pickleball from 10am to 11am	19 Open Gym tonight from 5-7:30pm	20 Weekly sanctioned Bridge Game 10:30	21 Try Circuit Training from 9:30-10:30am	22 Yoga class tonight at 7pm!	23 Yoga today at 10am	24 Open Pickleball this morning from 7am to 9am
25 Sign your children up for Summer Camp here at Lauri Ann West	26 FCASD Spring Break this week	27 Full and Half Day Care Available over Spring Break	28 FCASD Spring Break this week	29 Full and Half Day Care Available over Spring Break	30 FCASD Spring Break this week	31 Open Pickleball this morning from 7am to 9am